

St. Kitts and Nevis Christmas Regatta, 2021
SAILING INSTRUCTIONS (SIs)

The notation '[DP]' in the sailing instructions (SIs) means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in *2021-2024 Racing Rules of Sailing*.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 Changes to a sailing instruction may be made on the water by verbal announcements to competitors from the Race Committee boat. Announced changes will also be posted in writing on the Official Notice Board located at the Spice Mill Beach Bar, Cockleshell bay, which is the race office for the regatta.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board located at Spice Mill Beach Bar, Cockleshell bay.
- 3.2 The Race Office is located at Spice Mill Beach Bar, Cockleshell bay. PRO: Nicholas Dupre:duprenicholas@yahoo.co.uk
- 3.3 On the water, the Race Committee boat intends to monitor and communicate on VHF radio channel 72.
- 3.4 In the event that channel 72 is not available, VHF channel 71 will be used.
- 3.5 [DP] From the first warning signal until the end of the last race of the day], except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

- 4.2 [DP] Competitors and support persons shall handle any equipment or advertising approved by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at Spice Mill Beach Bar, Cockleshell bay
- 5.2 When flag AP (Answering Pennant – flag with vertical red and White strips) is displayed at Spice Mill Beach Bar, Cockleshell bay or on the Race Committee boat, '1 minute' is replaced with 'not less than 10 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

6.1

Saturday December 4th 2021

- Boat Rigging and Race registration check in – 8.30 -9.00 am
- Skippers Briefing 9.00 am
- 1st Race warning signal 9:30am
- 2nd Race warning signal 11am
- Lunch 12:00-1:00
- 3rd Race warning signal 1:30pm
- 4th Race warning signal 2:30pm
- Race Results – 4pm

The duration of each race will be approximately 60 minutes with lunch between races.

- 6.2 Classes with more than four registered skippers may have their own start, subject to the discretion of the Race Committee.
- 6.3 The Race Committee will make decisions whether two or more classes will be started in the same starting sequence. These decisions will be based on the number of registered entrants in each class and will be announced at the Skipper and Coach meeting to be held at Spice Mill Beach Bar at 0930 hours Sunday 12th September, 2021 and posted on the Official Notice Board.

Classes will be started in the following order:

1. Optimist
2. RS Feva + Sunfish
3. Laser Radial and Full Rig

4. Hobie Wave + Hobie Getaway

- 6.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed on the Race Committee boat with one sound at least five minutes before a warning signal is made.

7 CLASS FLAGS

- 7.1 The class flags are:

Optimist	
RS Feva + Sunfish	
Laser Radial and Full Rig	
Hobie Wave + Getaway	

8 RACING AREA

- 8.1 The racing area is designated by a circle and is located west west-southwest of Cows Rocks in The Narrows between St. Kitts and Nevis. The diagram in section 9.1 and in SI Addendum 1, "Race Course Diagram.gif" shows the location of the racing area.

9 COURSE

- 9.1 The diagram below and in SI Addendum 1, "Race Course Diagram-Optimist.gif" and SI Addendum 2 "Race Course Diagram – All other.gif" shows the course, the order in which marks are to be passed, and the side on which each mark is to be left. The approximate course length is 2 nautical miles.



Race Course Diagram-Optimist



Race Course Diagram-All other

9.2 Legs of the course will not be changed after the preparatory signal but may be changed between races. This changes RRS 33.

10 MARKS

10.1 Changes to the type / nature of marks deployed mark will be announced at Skippers meeting.

10.2 The following marks are rounding marks:

- Start/Finish – Small Red
- Windward Mark - Orange
- Wing Mark - Pink
- Leeward Mark Optimists – White Round
- Leeward Mark All Other – White Square

11 OBSTRUCTIONS

11.1 The following navigation hazard is designated as an obstruction:

N/A

12 THE START

12.1 Races will be started using RRS 26 with the warning signal made 3 minutes before the starting signal.

- 12.2 The starting line is between a staff displaying an orange flag on the Race Committee boat at the starboard end and the course side of the port-end starting mark.
- 12.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the Race Committee boat will attempt to hail her class, sail number and skipper's name. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 12.5 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the Race Committee will move the original mark or the finishing line to a new position.

14 THE FINISH

- 14.1 The Finish line is between a staff displaying an orange flag on the Race Committee boat at the starboard end and the course side of the port-end starting mark.

15 PENALTY SYSTEM

- 15.1 The Scoring Penalty, RRS 44.3, applies.
- 15.2 RRS Appendix P applies.
- 15.3 RRS P2.3 does not apply and RRS P2.2 is changed so that it applies to any penalty after the first one.

16 TIME LIMITS

- 16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
15 minutes	90 minutes	30 minutes

- 16.2 If no boat has passed the Windward Mark (first mark) within the Mark 1 Time Limit, the race will be abandoned.
- 16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored one more point than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

17 HEARING REQUESTS

- 17.1 For each class, the protest time limit is 30 minutes after the last boat in that class finishes the last race of the day or the Race Committee boat signals no more racing today, whichever is later. The last boat finish time for each class will be posted on the Official Notice Board.
- 17.2 Hearing request forms are available from the Race Office at Spice Mill Beach Bar
- 17.3 Notices will be posted on the Official Notice Board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest area, located at Spice Mill, beginning at the time posted.
- 17.4 A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted.
- 17.5 RRS 62.2(a) and 66.2(a) do not apply.
- 17.6 The right of appeal from a protest committee decision is denied as provided in rule 70.5 (a).

18 SCORING

1. The scoring system is as follows:
- 1 point for first
 - 2 points for second
 - 3 points for third
 - 4 points for forth
 - Each place thereafter add 1 point
 - TLE – Time Limit Expired - 1 more point than the points scored by the last boat that finished within the Finishing Window

All other scoring (e.g., OCS, DNS, DNF, DSQ, etc.) will be conducted in accordance with Appendix A of the RRS.

18.5 Rule A5.3 applies.

19 SAFETY REGULATIONS

19.1 [DP] Prior to the start of the first race of the day, each competitor is required to check-out with the Race Office located at Spice Mill Beach Bar, Cockleshell bay and check-in with the Race Committee boat at the Start/Finish line. Within 60 minutes of completion of their last race of the day each competitor is required check-in with the Race Office.

19.2 [DP] A boat that retires from a race shall notify the Race Committee boat at the first reasonable opportunity.

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1 [DP] Substitution of competitors is not allowed without prior written approval of the Race Committee.

20.2 [DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity, which may be after the race.

21 EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

21.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

22 SUPPLIED BOATS

22.1 Boats may be supplied by the organizing authority. See SI Addendum A.

23 [DP] SUPPORT TEAMS

23.1 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the Race Committee boat signals a postponement, general recall or abandonment.

24 TRASH DISPOSAL

24.1 Trash may be placed aboard official or support person vessels.

25 PRIZES

25.1 There will be no prizes but results will be announced at the conclusion of days racing at Spice Mill Beach Bar, Cockleshell bay

26 RISK STATEMENT

26.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.'

By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Furthermore, Participants knowingly, willingly, and voluntarily acknowledge the inherent risks associated with the sport of sailing, and that participation involves risks and dangers including, without limitation, the potential for the following:

- serious bodily injury (including broken bones, head or neck injuries), sickness and disease (including communicable diseases), trauma, pain & suffering, permanent disability, paralysis and death;
- loss of or damage to personal property;
- exposure to extreme conditions and circumstances;
- accidents involving other participants, event staff, volunteers or spectators;
- contact or collision with other participants or natural or manmade objects;
- adverse weather conditions;
- facilities issues and premises conditions;
- failure of protective equipment;
- inadequate safety measures;
- participants of varying skill levels;
- situations beyond the immediate control of NASC; and
- other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks").

Participants understand that the aforementioned Risks may be caused in whole or in part or result directly or indirectly from the negligence of

their own actions or inactions, the actions or inactions of others, or the negligent acts or omissions of the Released Parties defined in the Regatta Registration Form and Agreement, and hereby voluntarily and knowingly assume all such Risks and responsibility for any damages, liabilities, losses, or expenses incurred as a result of their participation. Participants also agree to be responsible for any injury or damage caused by themselves or any agents under their direction and control.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

27 INSURANCE

27.1 Each participating boat shall be insured with valid third-party liability insurance. (DP)

27.2 Each participating boat will be required to sign the Regatta Registration Form and Agreement that includes a disclaimer statement absolving NASC, SKYC and SKNSA from any and all liability.

28 CHANGES TO SAILING INSTRUCTIONS

28.1 These SIs may be changed or amended at any time at the discretion of the Race Committee.

SI ADDENDUM A

BOATS SUPPLIED BY THE ORGANIZING AUTHORITY – NEVIS AQUATIC AND SAILING CENTER

A1 BOATS

A1.1 SKYC/NASC will make best efforts to supply a boat to all SKN national competitors who request a boat. SKYC/NASC has a limited number of boats of varying degrees of quality.

At 830, Dec 4th, 2021, a named coach from St. Kitts and a named coach from Nevis will review registrations which have been received and will make recommendations for the allocation of boats between competitors from Nevis and competitors from St. Kitts.

The recommendations are subject to review and approval by a Boat Allocation Committee comprised of representatives from NASC, St. Kitts Yacht Club and the SKN Sailing Association.

The allocation of specific boats to individual competitors will be made by lottery at the skippers meeting.

A1.2 Competitors shall not modify supplied boats or cause them to be modified in any way except that

(a) a compass may be tied or taped to the hull or spars;

(b) wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;

(c) hulls, centreboards and rudders may be cleaned, but only with water;

(d) adhesive tape may be used anywhere above the water line; and

(e) all fittings or equipment designed to be adjusted may be adjusted, provided that the class rules are complied with.

A1.3 All equipment supplied with the boat for sailing purposes shall be in the boat while afloat.

A1.4 The penalty for not complying with one of the above instructions is disqualification from all races sailed in which the instruction was broken.

A1.5 Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, is disqualification from the race most recently sailed.

A1.6 Class rules requiring competitors to be members of the class association

do not apply.

SI Addendum 1, "Race Course Diagram - Optimist.gif



SI Addendum 2, "Race Course Diagram - All Other.gif

